

## **The Word of God Says in Jesus Christ...**

**I am faithful** (Ephesians 1:1)  
**I am God's child** (John 1:12)  
**I have been justified** (Romans 5:1)  
**I am Christ's friend** (John 15:15)  
**I belong to God** (1 Corinthians 6:20)  
**I am a member of Christ's Body** (1 Corinthians 12:27)  
**I am assured all things work together for good** (Romans 8:28)  
**I have been established, anointed and sealed by God** (2 Corinthians 1:21-22)  
**I am confident that God will perfect the work He has begun in me** (Philippians 1:6)  
**I am a citizen of heaven** (Philippians 3:20)  
**I am hidden with Christ in God** (Colossians 3:3)  
**I have not been given a spirit of fear, but of power, love and self-discipline** (2 Timothy 1:7)  
**I am born of God and the evil one cannot touch me** (1 John 5:18)  
**I am blessed in the heavenly realms with every spiritual blessing** (Ephesians 1:3)  
**I am chosen before the creation of the world** (Ephesians 1:4, 11)  
**I am holy and blameless** (Ephesians 1:4)  
**I am adopted as his child** (Ephesians 1:5)  
**I am given God's glorious grace lavishly and without restriction** (Ephesians 1:5,8)  
**I am in Him** (Ephesians 1:7; 1 Corinthians 1:30)  
**I have redemption** (Ephesians 1:8)  
**I am forgiven** (Ephesians 1:8; Colossians 1:14)  
**I have purpose** (Ephesians 1:9 & 3:11)  
**I have hope** (Ephesians 1:12)  
**I am included** (Ephesians 1:13)  
**I am sealed with the promised Holy Spirit** (Ephesians 1:13)  
**I am a saint** (Ephesians 1:18)  
**I am salt and light of the earth** (Matthew 5:13-14)  
**I have been chosen and God desires me to bear fruit** (John 15:1,5)  
**I am a personal witness of Jesus Christ** (Acts 1:8)  
**I am God's coworker** (2 Corinthians 6:1)

**I am a minister of reconciliation** (2 Corinthians 5:17-20)  
**I am alive with Christ** (Ephesians 2:5)  
**I am raised up with Christ** (Ephesians 2:6; Colossians 2:12)  
**I am seated with Christ in the heavenly realms** (Ephesians 2:6)  
**I have been shown the incomparable riches of God's grace** (Ephesians 2:7)  
**God has expressed His kindness to me** (Ephesians 2:7)  
**I am God's workmanship** (Ephesians 2:10)  
**I have been brought near to God through Christ's blood** (Ephesians 2:13)  
**I have peace** (Ephesians 2:14)  
**I have access to the Father** (Ephesians 2:18)  
**I am a member of God's household** (Ephesians 2:19)  
**I am secure** (Ephesians 2:20)  
**I am a holy temple** (Ephesians 2:21; 1 Corinthians 6:19)  
**I am a dwelling for the Holy Spirit** (Ephesians 2:22)  
**I share in the promise of Christ Jesus** (Ephesians 3:6)  
**God's power works through me** (Ephesians 3:7)  
**I can approach God with freedom and confidence** (Ephesians 3:12)  
**I know there is a purpose for my sufferings** (Ephesians 3:13)  
**I can grasp how wide, long, high and deep Christ's love is** (Ephesians 3:18)  
**I am completed by God** (Ephesians 3:19)  
**I can bring glory to God** (Ephesians 3:21)  
**I have been called** (Ephesians 4:1; 2 Timothy 1:9)  
**I can be humble, gentle, patient and lovingly tolerant of others** (Ephesians 4:2)  
**I can mature spiritually** (Ephesians 4:15)  
**I can be certain of God's truths and the lifestyle which He has called me to** (Ephesians 4:17)  
**I can have a new attitude and a new lifestyle** (Ephesians 4:21-32)

**I can be kind and compassionate to others**

(Ephesians 4:32)

**I can forgive others** (Ephesians 4:32)

**I am a light to others, and can exhibit goodness,**

**righteousness and truth** (Ephesians 5:8-9)

**I can understand what God's will is** (Ephesians 5:17)

**I can give thanks for everything** (Ephesians 5:20)

**I don't have to always have my own agenda**

(Ephesians 5:21)

**I can honor God through marriage** (Ephesians

5:22-33)

**I can parent my children with composure**

(Ephesians 6:4)

**I can be strong** (Ephesians 6:10)

**I have God's power** (Ephesians 6:10)

**I can stand firm in the day of evil** (Ephesians 6:13)

**I am dead to sin** (Romans 1:12)

**I am not alone** (Hebrews 13:5)

**I am growing** (Colossians 2:7)

**I am His disciple** (John 13:15)

**I am prayed for by Jesus Christ** (John 17:20-23)

**I am united with other believers** (John 17:20-23)

**I am not in want** (Philippians 4:19)

**I possess the mind of Christ** (1 Corinthians 2:16)

**I am promised eternal life** (John 6:47)

**I am promised a full life** (John 10:10)

**I am victorious** (1 John 5:4)

**My heart and mind is protected with God's peace**

(Philippians 4:7)

**I am chosen and dearly loved** (Colossians 3:12)

**I am blameless** (1 Corinthians 1:8)

**I am set free** (Romans 8:2; John 8:32)

**I am crucified with Christ** (Galatians 2:20)

**I am a light in the world** (Matthew 5:14)

**I am more than a conqueror** (Romans 8:37)

**I am the righteousness of God** (2 Corinthians 5:21)

**I am safe** (1 John 5:18)

**I am part of God's kingdom** (Revelation 1:6)

**I am healed from sin** (1 Peter 2:24)

**I am no longer condemned** (Romans 8:1, 2)

**I am not helpless** (Philippians 4:13)

**I am overcoming** (1 John 4:4)

**I am persevering** (Philippians 3:14)

**I am protected** (John 10:28)

**I am born again** (1 Peter 1:23)

**I am a new creation** (2 Corinthians 5:17)

**I am delivered** (Colossians 1:13)

**I am redeemed from the curse of the Law**

(Galatians 3:13)

**I am qualified to share in His inheritance**

(Colossians 1:12)

**I am victorious** (1 Corinthians 15:57)

Qualities of Jesus that empower me in grace.

He is slow to anger. (Psalm 145:8)

He is good. (Psalm 145:9)

His love never runs out. (Psalm 145:8)

He is near when I genuinely call out to Him. (Psalm 145:18)

His kingdom is everlasting and enduring. (Psalm 145:13)